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Just in time for me to read before I begin taking my upcoming yoga and tai chi classes\* came a copy of Writing Yoga: A Guide to Keeping a Practice Journal by Bruce Black. I first "met" Bruce through his wonderful blog, Wordswimmer, and have gotten to know him better over the past several years thanks to the CYBILS Awards. Bruce is a kind, generous, thoughtful person, as any one who has read his ...

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a cabin off the grid, up high in the Colorado Rockies.. I wanted to share my prep and my fears about going on a solo writing retreat because while I lead super fantastic writing retreats, you can make your own, and they can be just as terrific!

### A Guide To Creating Your Own Writing Retreat - Jennifer Louden

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